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**Athlete Burnout  
Questionnaire**

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attain you agree to  
that you require to  
acquire those all

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needs gone having  
significantly cash?  
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something basic in  
the beginning?  
That's something  
that will lead you  
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even more roughly  
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experience, some  
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below.

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in young athletes**

2018 Strength and  
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*Mortensen |  
TEDxOdense*

**Athlete Burnout  
Questionnaire**

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The emergence of the ABQ, the Athlete Burnout Questionnaire, the most commonly used measure of the construct since its initial development in 1997, opened new horizons in athlete burnout research. Despite the resulting advances

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in athlete burnout  
research, recent  
discussion has  
pointed to the need  
to further improve  
the measurement  
of athlete burnout.

## **Burnout in Sport and Performance | Oxford Research ...**

The key finding of  
the present article

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is that the three-factor structure of the Athlete Burnout Questionnaire (ABQ) could be confirmed in German speaking junior elite athletes. Our findings also show that the ABQ emotional/physical exhaustion and sport devaluation

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subscales can be used to describe processes involved in the development of domain-unspecific symptoms of burnout and depression.

## **Usefulness of the Athlete Burnout Questionnaire (ABQ) as a ...**

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Today, the ABQ is by far the most widely used questionnaire for assessing athlete burnout 60 symptoms (Gustafsson, Madigan, et al., 2017) and has been translated into several languages

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## **(PDF) Usefulness of the Athlete Burnout Questionnaire (ABQ ...**

The Athlete  
Burnout

Questionnaire

(ABQ) is a measure  
of athlete burnout  
and is

recommended by a  
2018 review on  
Burnout in Athletes

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as the 'measure of choice'. The most recent version of the ABQ consists of 15 items measuring the dimensions of (a) physical/emotional exhaustion, (b) reduced sense of accomplishment and (c) sports devaluation.

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**Burnout - A  
Consequence of  
More Than Just  
Physical Stress**

...

The present study aims to investigate the psychometric properties of the Athlete Burnout Questionnaire (ABQ; Raedeke & Smith, 2001) to a sample of 388



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Athlete Burnout  
Questionnaire  
Greek athletes  
drawn from a  
variety of sports.

## **(PDF) ATHLETE BURNOUT QUESTIONNAIRE: VALIDITY AND ...**

The Athlete  
Burnout  
Questionnaire  
(ABQ; Raedeke &  
Smith, 2001) has  
emerged as a valid

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and reliable theory based tool to measure burnout in adult-aged athletes. However, the psychometric properties...

## **(PDF) Validation of the Athlete Burnout Questionnaire with ...**

The Athlete

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## Athlete Burnout Questionnaire

(ABQ; Raedeke and Smith, 2001) is a 15-item self-report questionnaire of athlete burnout.

Participants respond on a five-point Likert scale ranging from 1 (almost...)

**(PDF)**

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## **Development and Preliminary Validation of an Athlete ...**

The Athlete  
Burnout  
Questionnaire is  
a 15-item  
questionnaire  
capturing the three  
symptoms of  
athlete burnout  
(Raedeke & Smith,  
2001). Similarly,

# Where To Download

the Maslach  
Burnout Inventory-  
General Scale  
(Schaufeliet al.,  
1996) is a 16-item  
questionnaire  
capturing burnout  
symptoms in  
coaches. We  
provide example  
items and the  
response format in  
Table 1.

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## **The BASES Expert Statement on Burnout in Sport**

Stress and Burnout  
Questionnaire This  
brief inventory has  
been designed to  
help you discover  
the warning signals  
of excessive stress.  
Relate the  
questions to your  
life over the last 3

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-6 months. Look particularly for changes in your ways of coping, not so much your normal behaviour. Score 0 - for experiencing this only occasionally

### **Stress and Burnout Questionnaire**

No sign of burnout

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here. 19-32: Little sign of burnout here, unless some factors are particularly severe. 33-49: Be careful – you may be at risk of burnout, particularly if several scores are high. 50-59: You are at severe risk of burnout – do something about



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this urgently.

60-75: You are at very severe risk of burnout - do something ...

## **Burnout Self-Test - Stress Management from**

**MindTools.com**

Aspects related to the ABQ are presented in a

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comprehensive  
manner: Athlete  
Burnout

Questionnaire  
(ABQ), along with  
the guidelines for  
administering and  
scoring it;  
Conceptual  
underpinnings of  
the ABQ, including  
an overview of the  
burnout construct  
and the operational

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definition used to guide item development, as well as a description of how the preliminary item pool was developed; Review of research using a within-network approach to examining the internal structure of the burnout

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Athlete Burnout  
Questionnaire

**Athlete Burnout  
Questionnaire  
Manual (Sport  
and Exercise ...**

Athlete Burnout  
Questionnaire  
(ABQ), along with  
the guidelines for  
administering and  
scoring it

Conceptual  
underpinnings of

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the ABQ, including an overview of the burnout construct and the operational definition used to guide item development, as well as a description of how the preliminary item pool was developed

## **Athlete Burnout**

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## **Questionnaire Manual | FiT Publishing**

Athlete-burnout-  
questionnaire

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answers

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synthesis with

optimization

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burnout  
questionnaire, it  
ends happening  
physical one of the  
favored books  
athlete burnout  
questionnaire

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## **Athlete Burnout**

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## **Questionnaire - webmail.bajanus a.com**

Psychometric  
properties of the  
Athlete Burnout  
Questionnaire for  
young Brazilian  
adults 5 Page of 12  
J. Phys. Educ. v. 27,  
e2708, 2016. The  
items that measure  
the sport  
devaluation

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component are aimed at indicating negative and indifferent attitudes towards sport participation (e.g., “I have negative feelings towards the sport”).

**08 Propriedades  
psicométricas  
Guedes e Souza**

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## **Inglês** Athlete Burnout Questionnaire

The questionnaire was administered to a sample of 1,217 young athletes (410 girls and 807 boys) aged 12 to 17 years. Exploratory factor analysis, followed by confirmatory factor analysis, was performed to

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identify the initial  
psychometric  
properties.

Cronbach's alpha  
coefficient was  
used to assess the  
internal  
consistency of each  
factor of the ...

## **PSYCHOMETRIC PROPERTIES OF THE ATHLETE BURNOUT ...**

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Burnout was assessed with the Shirom-Melamed Burnout Measure (SMBM), and depression with the 9-item depression module of the Patient Health Questionnaire (PHQ). Values of  $\geq 4.40$  (SMBM) and  $> 14$  (PHQ-9) were considered

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indicative of  
clinically relevant  
burnout or  
depression.

## **Effects of stress and mental toughness on burnout and ...**

Abstract In this  
paper, we offer a  
general version of  
the Spanish  
adaptation of

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Athlete Burnout  
Questionnaire  
(ABQ) designed to  
measure the  
syndrome of  
burnout in athletes  
of different sports.  
In...

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# Where To Download 28e736c72962c Athlete Burnout Questionnaire